



# BASIC STEPS FOR SKIN CARE

STEP  
1



**Morning & Evening**

## WASH YOUR FACE

Apply a quarter-size amount of the cleanser to hands, add water, and work into a silky lather.

**2 or 3 times a week**

## EXFOLIATE

Use small amount of cara dulce; mix with water and make smooth circles avoiding the eye area



STEP  
2

STEP  
3



**Weekly**

## FACE MASK

Smooth on face avoiding eye area and leave on for 20 minutes or until dried, rinse with warm water.

**Morning & Evening**

## TONIC

Spritzing freely on your face and leaving your face damp for optimal absorption of our serum.



STEP  
4

STEP  
5



**Morning & Evening**

## SERUM

Face should be moist from toner; small drops and apply entire face area, neck, and décolletage.

**Morning & Evening**

## EYE CREAM

After cleansing and toning, dab a small amount around the eye area with ring finger.



STEP  
6

STEP  
7



**Morning & Evening**

## FACE MOISTURIZER

Massage a small amount to entire face, neck, ears and décolletage

**Evening**

## NIGHT CREAM

Apply night cream in gentle upward strokes and circular motions by using your fingers. Never forget to apply the cream to your neck.



STEP  
8